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(Season 2, Episode 6) | Full Episode |
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~~DISSOCIATION: An Eye Opening~~
~~Spiritual Perspective [HOW TO HEAL!]~~

Kundalini: Unwanted Paranormal
Experiences The 6 Life-Changing Stages
Of Spiritual Awakening [Which One ARE
YOU In?] Shamanic Ecstatic Dance How
To Kiss Demonstration Tantra ~~Healing~~
~~Trauma and Spiritual Growth: Peter~~
~~Levine \u0026 Thomas Huebl~~ Modern
Marvels: The Real National Treasure -
Full Episode (S16, E18) | History Go into
a DEEP TRANCE : Shamanic DRUM
JOURNEY (28 min.)

How To Connect With Your Bliss Body
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demonstration #ReRooted: Dr. Peter Levine of Somatic Experiencing on Trauma, Memory, Spirituality \u0026 Healing Dr. Peter A Levine Interview on Healing Trauma and Restoring Goodness 432 Hz \u0026 528 Hz Ancient Healing Tones | Healing Frequencies | Raise Positive Vibrations \u0026 Energy | The 8 Limbs of Yoga The BE ULTIMATE Podcast (Ep24) 'The Teacher and the Taught' - Sri M in Discussion with Shrikrishna Kulkarni Top 14 Kundalini Awakening Symptoms! [Do YOU Have These?] Partner Tantra Exercise for Deeper Intimacy ~~The Liberating Power of Affirmation | How to Live Inspirational Service~~ The Ecstatic Experience Healing Postures

Following up on the groundbreaking introduction of this practice in her first book, Ecstatic Body Postures, Belinda

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Gore provides a new series of 20 sacred postures and exercises that allow for a deeper understanding and utilization of these shamanic practices. She shows how to use the energy awakened by these practices for healing, shapeshifting, initiations into the mysteries of death and rebirth, divination, spirit journeying, and restoring balance to the cosmic patterns disrupted by ...

The Ecstatic Experience: Healing Postures for Spirit ...

The Ecstatic Experience: Healing Postures for Spirit Journeys eBook: Gore, Belinda: Amazon.co.uk: Kindle Store

The Ecstatic Experience: Healing Postures for Spirit ...

Ecstasy is a spiritual experience, and the author states that we have a collective longing for it. More than eighty ritual

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postures have been identified as doo This is a unique book providing valuable both theoretical and practical information about sacred postures, including healing, divination, metamorphosis, spirit journey and initiation postures.

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Ecstatic Trance Body Postures Evidence of posture-mediated trance can be found worldwide. By adopting such postures whilst entering in to ecstatic trance it shapes the experience of the altered state, with most reporting similar experiences with a particular body posture as the nervous system is altered by putting

What are Ecstatic Body Postures? Part One - Shamanism UK

The ecstatic trance is part of our genetic endowment. Ecstatic Trance helps us to

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integrate the knowledge and insight gained from the trance experience into our everyday lives. Practicing the ritual body postures can help us to access and energize our own creativity.

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The Ecstatic Experience is the first significant new research on sacred body postures since the death of Goodman in 2005. Belinda Gore has carried on the work of Dr. Goodman by doing continual research on new postures as they've been discovered, and now she offers 20 more ritual body postures that give us more ancient secrets that unlock the ancient wisdom hidden right in our own bodies.

The Ecstatic Experience : Healing Postures for Spirit Journeys

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