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perspectives on promoting cognitive health john j randolph positive psychology the study and promotion of character strengths positive emotion and optimism has gained considerable momentum and support in recent years yet despite

its application to positive ce Based **Perspectives** Neuropsychology Evidence Based Perspectives On ... In this context, positive neuropsychology has emerged as a neuropsychological orientation focused on the study and Page 19/38

practice of V promoting cognitive health. The present review discusses the origins of inc positive ve neuropsychology and elaborates on its six key evidencebased domains: compensatory strategy use, activity engagement, Page 20/38

prevention of cognitive impairment, public education, exceptional cognition, and positive cognitive outcomes in neuropsychiatric populations.

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Randolph, John J.

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neuropsychology is conceived of as broadening and enhancing the field, focusing on key areas such as studying and developing cognitive strengths, considering the importance of lifestyle factors on cognition, preventing Page 29/38

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