

Living A Beautiful Life Alexandra Stoddard

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With the publication of *Living A Beautiful Life*, Alexandra has originated the idea of creating an atmosphere of beauty and tranquility with simple touches that turn the ordinary into the extraordinary. As a world-famous interior decorator, she has worked her magic on interiors large and small, from mansions and embassies to cottages and studio apartments.

~~Living a Beautiful Life — Alexandra Stoddard~~

ALEXANDRA STODDARD is a philosopher of contemporary living and author of many best selling books, including the classic *Living a Beautiful*

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Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life, Choosing Happiness: Keys to a Joyful Life, Things I Want My Daughters to Know: A Small Book About the Big Issues in Life, and You Are Your Choices: 50 Ways to Live the Good Life.

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~~Living a Beautiful Life Living a Beautiful Life: 500 Ways ...~~

Living A Beautiful Life. One day as a young bride 20 years ago, I was at work passing by the receptionist's desk when I saw she was reading a book. She said she was done with it and handed it to me. The title of the book was Living A Beautiful Life by interior designer and author Alexandra Stoddard. As I cracked open the cover, I entered a world that mirrored what had been in my own mind and heart from my childhood days.

~~Living A Beautiful Life: Alexandra Stoddard | The Inspired ...~~

Author of twenty-four books, Alexandra Stoddard is a sought-after speaker on the art of living. Through her lectures, articles, and books such as Living a Beautiful Life, Things I Want My Daughters to

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Know, Time Alive, Grace Notes, Open Your Eyes, and Feeling at Home, she has inspired millions to pursue more fulfilling lives. She lives with her husband in New York City and Stonington Village, Connecticut.

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With the publication of Living A Beautiful Life, Alexandra Stoddard originated the idea of creating an atmosphere of beauty and tranquility with simple touches that turn the ordinary into the extraordinary. As a world famous interior decorator, she has worked her magic on interiors large and small, from mansions and embassies to cottages and studio apartments. Through her...

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Book Overview. With the publication of Living A Beautiful Life, Alexandra Stoddard originated the idea of creating an atmosphere of beauty and tranquility with simple touches that turn the ordinary into the extraordinary. As a world-famous interior decorator, she has worked her magic on interiors large and small, from mansions and embassies to cottages and studio apartments.

~~Living a Beautiful Life book by Alexandra Stoddard~~

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cottages and studio apartments.

~~Living a Beautiful Life HarperCollins~~

Begin living a beautiful life... Alexandra Stoddard is fantastic at helping people visualize a beautiful life for themselves and their family and this is a fantastic tool to contribute to creating and maintaining the beauty in one's daily life that is so vital to a thriving and happy lifestyle.

~~LIVING A BEAUTIFUL LIFE: Stoddard, Alexandra: Amazon.com ...~~

Author of twenty-four books, Alexandra Stoddard is a sought-after speaker on the art of living. Through her lectures, articles, and books such as *Living a Beautiful Life*, *Things I Want My Daughters to Know*, *Time Alive*, *Grace Notes*, *Open Your Eyes*, and *Feeling at Home*, she has inspired millions to pursue more fulfilling lives. She lives with her husband in New York City and Stonington Village, Connecticut.

~~Living a Beautiful Life: Stoddard, Alexandra ...~~

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ALEXANDRA STODDARD is a philosopher of contemporary living and author of many best selling books, including the classic Living a Beautiful Life: 500 Ways to Add Elegance, Order, Beauty and Joy to Every Day of Your Life, Choosing Happiness: Keys to a Joyful Life, Things I Want My Daughters to Know: A Small Book About the Big Issues in Life, and You Are Your Choices: 50 Ways to Live the Good Life.

~~Alexandra Stoddard (Author of Living a Beautiful Life)~~

31 quotes from Alexandra Stoddard: 'The only life worth living is the one we take responsibility for choosing.', 'An inspired letter can be as riveting as a stare. It can move us to tears, spur us to action, provoke us, uplift us, touch us. Transform us. When written from the heart, letters are dreams on paper, wishes fulfilled, desires satisfied. letters can be powerful.', and 'What you think ...

Offers more than 500 techniques for transforming the way we spend 95% of our lives: eating, sleeping, working, doing everyday tasks. 46 black and white photos.

Throughout her life, Alexandra Stoddard has sought inspiration from

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writers, poets, and people she has met. In *Grace Notes*, she shares this wisdom and her own learnings, beautifully captured in brief, motivating observations, in 365 daily meditations of warmth, affirmation, encouragement, and optimism. Season by season, day by day, you'll explore different themes: joy, love, loss, risk, courage, wholeness, growth, play, and success. In addition to offering inspirational quotes from many cultures and two "grace notes," each page provides space to write down your own sacred inspirations. With courage and confidence, *Grace Notes* takes you on a spiritual journey every day of your life—and whenever you feel the need to be transported to serenity and grace.

Alexandra Stoddard has brought beauty and grace to the lives of millions all over the world through her many books, including the phenomenal bestseller, *Living a Beautiful Life*. In *Creating a Beautiful Home*, Alexandra Stoddard generously shares her professional secrets as an interior designer as well as her personal experiences in renovating and decorating her own 1775 home in Connecticut. Once again, her original and imaginative ideas for every room in the house will inform and inspire you on your own exciting journey of discovery as you transform your living space into a warm and welcoming oasis of harmony, beauty, and joy.

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Featuring essays that inspire the reader to lead an active and joyous life, a beautiful calendar that may be started at any time offers appointment space, places to record special days, and areas for noting personal thoughts, feelings, and reactions. 50,000 first printing.

For nearly forty years and in numerous books, Alexandra Stoddard has shared her keen eye for design and sure sense of style. Now this renowned decorator and lifestyle philosopher teaches you how to see with the expertise and clarity of professional designers. First, Alexandra helps you become more attuned to your surroundings—as you set a table, straighten out a linen closet, stroll through a garden, or browse in a thrift shop. Then, through personal anecdotes; examples from masters; a rich array of ideas, tips, and techniques, she reveals hundreds of ways to see and solve problems or proportion, pattern, color, and composition. Her simple suggestions—whether it's changing a lampshade, rearranging treasured objects on a table, or moving a chair—will yield dramatic results. Filled with practical solutions offered with warmth and encouragement, *Open Your Eyes* helps make each day a visual feast as it deepens your understanding not only of what makes something beautiful but what makes something beautiful to you.

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Describes how couples can bring beauty, order, and elegance to their lives together through self-nurturing and knowing how to share a home in peace and harmony

In today's fast-paced world, as we juggle family responsibilities, jobs, and social obligations, we seem to be missing out on what we fundamentally crave: a calmer, gentler, sweeter, and more gracious life. In *Gracious Living in a New World*, Alexandra Stoddard offers a rich assortment of ideas for achieving a gracious lifestyle. As a busy professional and dedicated wife, mother, and grandmother who revels in the energy of the city and basks in the tranquility of the village, Alexandra is uniquely poised to help us smooth the frayed edges of our lives. Positive and practical, her path toward gracious living does not require money or "extra hands" around the house. When we give ourselves and others positive time and space, our life expands to gracious proportions: "We are surrounded by opportunities for living with grace—our own hands and our own hearts are all the tools we'll ever need."

From Alexandra Stoddard - beloved lifestyle philosopher, mother, and author of *Choosing Happiness*, a small book of wisdom about the big questions of life, perfect for new graduates, new mothers, and as a

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treasured gift from woman to woman. Alexandra Stoddard, a mother, grandmother, and author of more than 25 books on personal fulfilment, shares a series of succinctly-stated principles worth living by. Each statement is fleshed out in a few brief, useful paragraphs. By turns wise ("Pain is inevitable; suffering is a choice"), controversial ("Don't feel guilty about your feelings toward your parents, stepparents, or in-laws"), affirming ("You don't have to prove anything to anyone"), and humorous ("When you discover something you love, stock up"), these short pieces cut to the essence of what's important and are oases of clarity amid life's chaos.

With her 25th book, lifestyle philosopher Alexandra Stoddard offers simple steps for taking charge of your life—your way. In brief essays filled with useful examples and optimism, she reveals 50 choices you can make to live joyfully in pursuit of what is true, good, and beautiful. As a pioneering writer and lecturer on personal happiness for the past twenty years, Alexandra has inspired millions to break the "rules" and pursue fulfillment. Now, as scientists have begun to discover the benefits of living a happy life, Alexandra provides practical ways to live happily every day. She puts us in charge of our choices, reminding us that we always have a choice about what we think, feel, and do. When we are true to ourselves, we can fly above

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stress and conflict, contented and confident that we are the right path. Featuring essays that help us trust ourselves ("Intuition is your guiding light"), stay steady in a storm ("Your choices count most in a crisis"), embrace the new ("Accept opportunity"), address unfinished business ("Have as few regrets as possible"), surround ourselves with delights ("Redefine what is beautiful"), and remember to have fun ("Cheap thrills are thrilling"). Every choice you make is an opportunity to delight in life. You Are Your Choices offers insight and companionship each step of the way.

In seven sections representing essential domains of life—Time, Home, Style, Enthusiasm, Caring, Purpose, and Spirit—Alexandra Stoddard shows us how to celebrate every moment of life. This treasury of brief essays is chock-full of the wise ideas, personal anecdotes, and practical strategies that have inspired millions of her readers and audiences to live more beautifully and meaningfully every day. She helps readers form their own personal philosophy for living as well as discover specific, small actions that build tranquil time into the most hectic day, add lightness and energy when needed most, elevate a passing moment into a vivid memory. She encourages readers to "take stock, and rethink everything. We need to make the connection between how we spend our time and how well we live our lives." With each essay

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offering a memorable mindset for living, Alexandra's observations are searching ("What is your deepest desire?"), surprising ("Lower your standards"), encouraging ("You have 8,766 hours a year to act wisely"), and whimsical ("You've gotta have a look") and are certain to spur readers to new levels of insight and joy.

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